



SKIN REPORT

& Treatment Guide

DATE:

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ID:

820047

CONSULTANT:

8mirrors, Sumin

Hi Kamil!



Sumin Moon, CEO

First of all, thank you for reaching out and trusting us with your skin concerns! We know that when our skin is not behaving as we'd like it to be, it can be stressful and even hit our confidence deeply. But please be assured that we will do our best to get you onto a path of healing so you can be confident in your skin and shine even brighter! ✨

Your Skin At a Glance

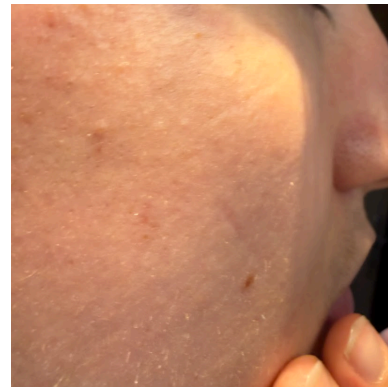
Photo 1



Photo 2



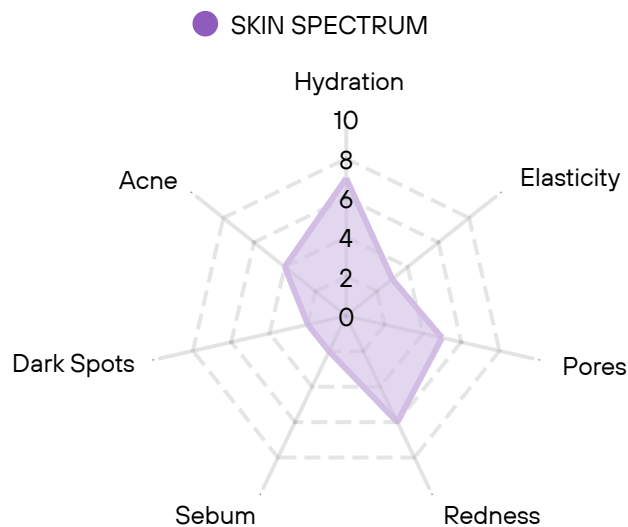
Photo 3



01. Skin Condition Check



Your skin feels like the first days of Spring, where the air is still crisp and dry, causing delicate new growth to occasionally struggle against the lingering chill.



Your skin currently maintains a very stable and healthy foundation, showing great resilience despite the concerns you've noted. The dryness you experience appears to be a result of a **temporary moisture barrier imbalance**, which makes the skin more sensitive to external factors and friction. This has led to some manageable, localized reactivity around the beard area. Your skin is in a responsive state, meaning it will likely recover quickly with the right focus. The path forward is about gentle maintenance rather than correction, as your skin's overall health is quite solid and stable.

- **Soothing Localized Reactivity:** The mild spots near the beard area require gentle, calming care to reduce sensitivity without causing further dryness.
- **Deep Hydration Architecture:** Strengthening your internal moisture levels will naturally refine your skin texture and minimize the visibility of pores.
- **Surface Barrier Protection:** Enhancing your skin's outer shield will help manage the redness and protect your face from daily environmental stressors.

SKIN SPECTRUM Analysis Guide

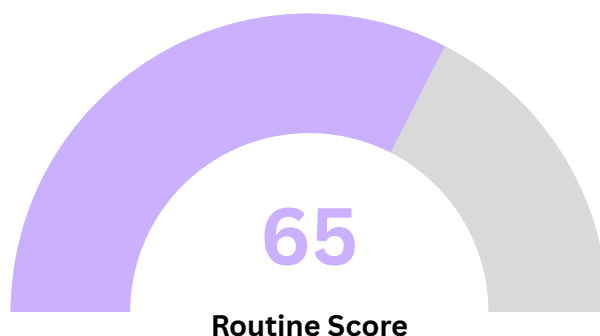
Scale Description	Parameter Interpretation
<ul style="list-style-type: none">● Measured on a 0-10 scale● Higher scores indicate greater need for care● Lower scores indicate a healthier or more stable condition	<ul style="list-style-type: none">● Hydration: 10 = Severely dehydrated, 0 = Well hydrated, stable moisture balance● Wrinkles: 10 = Deep wrinkles, 0 = Minimal wrinkles● Pores: 10 = Enlarged pores, 0 = Refined pores● Redness: 10 = Significant redness, 0 = Even skin tone● Sebum: 10 = Excessive/insufficient oil, 0 = Balanced oil production

The purple-filled area represents your current skin condition.

Values closer to **10 indicate areas that require more care and attention**, while values closer to the center reflect more stable or well-maintained skin conditions.

In other words, **the further the purple area extends outward, the higher the priority for targeted skincare in that category.**

02. Current Routine Check



✓ What you're doing well

It is wonderful to see how much you prioritize your skin's barrier. By choosing the **Bielenda Hydro Lipidium** line, you are providing your skin with essential fatty acids and ceramides. This thoughtful approach creates a soft, protective cushion that helps your dry skin stay resilient and calm.

⚠️ What's holding your results back

While your routine is very comforting, your skin might be missing a few "active" helpers to address redness and the small spots near your beard. We could also improve how your skin holds onto water; currently, your products focus on oils, but adding a "water-binding" layer would help ease that lingering dryness.

●● Keep using!

Bielenda Hydro Lipidium Cleansing Emulsion: This is a lovely, gentle choice that cleanses your skin without taking away the natural moisture it needs to stay comfortable.

Bielenda Intensive Nourishing Night Cream: I highly recommend keeping this as your nighttime hug; its rich ingredients work beautifully to repair your skin while you rest.

Beauty of Joseon Dynasty Cream: This provides a nice, elegant layer of protection for the daytime, helping your skin feel smooth and supported.

●● Stop using now


Beauty of Joseon Glow Replenishing Rice Milk: While this is a beautiful product, it contains unique powders designed to control oil, which might unintentionally make your dry skin feel a bit tighter right now.

03. Treatment Plan

Phase 1 — Stabilization & Foundation Building

Duration: 2–4 weeks

Focus: Calming reactivity and restoring deep moisture.


	Actions
	<ul style="list-style-type: none">● Pause the use of the Rice Milk to prevent further dehydration from its oil-control powders.● Introduce a high-density humectant serum (look for ingredients like Panthenol or Beta-Glucan) to bind water to your skin.● Add a gentle anti-inflammatory soothing agent (such as Centella Asiatica) to help the skin near your beard recover.
	Expected Results

ou will notice significantly **less "tightness"** throughout the day, and the redness around the sensitive areas will begin to fade into a more even tone.

Phase 2 — Targeted Correction & Refinement

Duration: 4–6 weeks

Focus: Strengthening the barrier and addressing texture.


	Actions
	<ul style="list-style-type: none">● Maintain the hydration levels established in Phase 1.● Introduce a very mild antibacterial active (such as a low-concentration Azelaic Acid) to ensure the folliculitis does not return.● Focus on "layering" your hydration to plump the skin, which naturally makes pores look smaller and more refined.
	Expected Results

The skin surface will feel much **smoother to the touch**. The occasional breakouts will become rare, and your skin will look more "plump" and resilient.



Phase 3 — Ongoing Resilience & Protection




Duration: 6-12 weeks (ongoing)


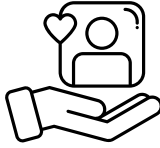
Focus: Maintaining balance and preventing environmental damage.

	Actions
	<ul style="list-style-type: none">● Incorporate a daily broad-spectrum sunscreen as the final step of your morning routine to protect your skin from UV-induced redness and aging.● Stick to your core routine of "Humectant Serum + Protective Cream."● Monitor seasonal changes and adjust the richness of your creams as needed.
	Expected Results
	our skin will maintain a stable, healthy glow regardless of external stressors or shaving habits . You will feel a sense of lasting comfort and confidence in your skin's texture.













04. Skincare Recommendations

Cleanser	Toner
<p>MEDI-PEEL Green Cica Collagen Clear</p>	<p>IsnTree Ultra-Low Molecular Hyaluronic Acid Toner</p>
	
<p>Benefits: The cleansing milk removes sunscreen and cleanse gently without stripping your skin barrier.</p> <p>How to use: Massage onto dry skin. After that, add a little water to emulsify until it turns milky, then rinse thoroughly and follow with your bubble cleanser.</p>	<p>Benefits: This formula is a "Hydration Powerhouse" that perfectly fills the gap between your cleanser and rich creams..</p> <p>How to use: Starting with slightly damp skin, apply either using clean hands or cotton pads. Wait a few seconds for the toner to absorb.</p>

Serum		Moisturizer
<p>Purito Centella Unscented Serum</p>	<p>Cos De Baha Azelaic Acid 5% Serum</p>	<p>Anua Ceramide Panthenol Barrier Cream</p>
		
<p>Benefits: This serum is a great fit because it focuses on calming, reducing redness, and supporting barrier repair — all without fragrance or heavy oils.</p> <p>How to use: Apply a small amount after cleansing and toning your skin.</p>	<p>Soothing Aloe-base & mild concentration make it the perfect starting point to target your folliculitis and redness while maintaining the comfort of your dry skin.</p> <p>How to use: Apply 2-3 times a week, only at night when your skin does not feel sensitive.</p>	<p>Benefits: It combines high-concentration Panthenol for deep barrier repair to gently soothe the mild folliculitis without any irritation.</p> <p>How to use: Apply a thin layer or only on drier areas like the cheeks.</p>

Sunscreen	Other
<p>ANUA Airy Sunscreen</p> 	 <p>Is there a new, exciting product that you've been wanting to try but unsure if it will be suitable for your skin condition?</p> <p>Contact us and we'll make an assessment based on your skin analysis results!</p> <p>Email: Contact@Haebom.day</p> <p>WhatsApp: wa.me/821031016815</p> <p>Send a message with your questions and we will get back to you within 1-2 business days.</p>
<p>Benefits: The Anua Airy Sunscreen is an ideal protective layer for you, as its Heartleaf extract provides continuous soothing for your redness while its silky, lightweight texture glides over sensitive areas without causing the friction or dryness often associated with mineral filters.</p> <p>How to use: Apply daily; even on cloudy days!</p>	

05. Skincare Routine for Phase 1

	Step 1	Step 2	Step 3	Step 4	Step 5
 Day	 Bielenda Cleansing Emulsion	 IsnTree Hyaluronic Acid Toner	 Purito Centella Serum	 BOJ Dynasty Cream	 Anua Airy Sunscreen
 Night	 Bielenda Cleansing Emulsion	 IsnTree Hyaluronic Acid Toner	 Purito Centella Serum	 Cos De Baha Azelaic Acid 5% Serum 2-3x a week	 Bielenda Night Cream



Final Message

Dear Kamil 🧡

Your skin already has a wonderful foundation of health and resilience. The minor challenges you're facing—the dryness and those localized spots—are not signs of "bad" skin, but simply signals that your skin is asking for a slightly different kind of support. Remember, skin transformation is never an overnight event; it is a **marathon, not a sprint**. It requires patience, consistency, and a bit of grace toward yourself.

There may be days when progress feels slow, but please **don't get discouraged**. These small, intentional changes in your routine—moving from "passive moisture" to "active care"—will build up over time to create lasting strength and a healthy glow.

Think of this plan as a partnership. You are not doing this alone; **I am right here with you** to guide you through every phase and adjustment. Stay consistent, listen to your skin, and keep moving forward.

You've got this, and I've got you. 🧡

Warm regards,

Sumin, 8Mirrors